

# HOME SAFETY CHECKLIST

GENERAL	✓
Securely lock hazardous items	
Keep cleaning products secure	
Have number for poison control	
Check Co2 and smoke detectors	
Remove tripping hazards and keep walkways clear	
Keep walkways and rooms well lit	
Secure large furniture	
Remove locks on interior doors	
Consider removing firearms	

KITCHEN	✓
Use appliances with automatic shutoff feature	
Prevent unsafe stove usages by applying knob covers	
Disconnect garbage disposal	
Mark food with dates and check regularly	
Discard decorative fruits easily mistaken for food	

BATHROOM	✓
Install grab bars for balance	
Preset water temperature	
Apply textured stickers to slippery surfaces to prevent falls	

BEDROOMS	✓
Monitor usage of electric blankets/heaters	
Provide seating to help with dressing	
Ensure closet shelves are accessible	

LAUNDRY	✓
Clean out lint screens and dryer ducts regularly	
Consider installing safety locks on washing machines and dryers	
Install locks on laundry chutes	
Keep all cleaning products out of reach to prevent contact with hazardous materials	

GARAGE & BASEMENT	✓
Limit access to large equipment	
Keep poisonous chemicals out of reach	
Lock and properly store ladders to prevent tripping or climbing hazards	
Remove access to car keys if no longer driving	
Install a motion sensor on garage door	
Mark stairs with bright tape to prevent falls	
Ensure railings are sturdy and secure	



Information provided by  
The Alzheimer's Association