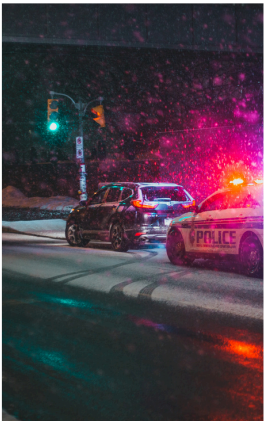




Safety. Awareness.  
Education.

# EMERGENCY PREPAREDNESS GUIDE



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[www.savesproject.com](http://www.savesproject.com)



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## Our Vision and Mission



# ABOUT US

Special Needs, Autism, Vulnerable Person, Elderly, Safety is an initiative built on a simple but powerful belief: everyone deserves to feel safe during moments of crisis or confusion. We work to build better communication between first responders, the community and individuals living with cognitive or developmental challenges such as autism, dementia, or traumatic brain injuries.

Whether it's a lost child with autism or an elderly adult in the early stages of Alzheimer's our goal is to make sure first responders have the tools and information they need before an encounter so every interaction can be safer, calmer and more compassionate.

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## **EMERGENCY VS. NON-EMERGENCY**

### **Emergency**

**Any Threat to Life  
or Serious Injury**

**Fire, Smoke, and  
Explosions**

**Medicals or  
Injuries**

**Vehicle Accidents  
with Injuries**

**Crimes in  
Progress**

**Suspicious Persons  
with Weapons**

### **Non-Emergency**

**Noise Complaints  
Neighbor Disputes**

**Parking Issues  
Found Property**

**Fraud Reports  
Welfare Checks**

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## **Information Dispatch Will Ask**

Providing pertinent information to dispatch is the first step when requesting first responders. Dispatch will typically ask:

- Address of the emergency, your name and callback number
- Nature of the incident
- Descriptions of individuals involved
- Are weapons present
- Any injuries or hazards

## **What NOT To Do**

- Do not hang up before dispatch advises it is okay
- Do not withhold information
- Do not put yourself in harms way





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# HELPING RESPONDERS

## ● Stay Calm and Speak Clearly

It is important to remain calm during an emergency, which can be easier said than done. By remaining calm, taking deep breaths and speaking clearly, it helps first responders obtain the most accurate information on what is happening or what has happened.

## ● Secure Pets

We all love our pets and sometimes during stressful times, they are what keep us calm. Pets however, will feel the stress from their owner. This can cause them to react in ways that are not typical for them. It is safest for everyone involved if pets are secured prior to first responder arrival.

## ● Unlock Doors and Turn on Lights

If you are able to and it is safe to do so, unlock the door for first responders to make entry. If it is unsafe to do so, remain on the phone with the dispatcher so they can advise you when first responders are on scene.



# PERSONAL SAFETY

## SITUATIONAL AWARENESS TIP SHEET

1



Stay aware and alert of your surroundings

2



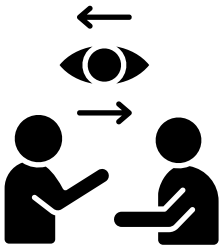
Avoid distractions like texting and walking

3



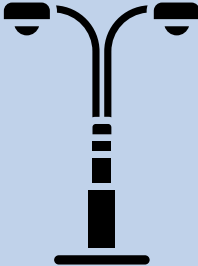
Leave situations that feel unsafe

4



Make eye contact with people around you

5



Stay in well-lit and populated areas

6



Avoiding wearing headphones at night

7



Tell someone your route and when you leave

8



Have keys ready when walking to your vehicle

**IN CASE OF EMERGENCY:**



If you feel you are in danger call 911 immediately



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# WEATHER EMERGENCIES AND PREPARATION

## Emergency Supplies - 72 Hours

- Water: one gallon a day per person
- Non-perishable foods and a can opener
- Flash light and batteries
- First aid kit and medications
- Important documents in a waterproof folder
- Phone chargers and portable power banks

## Family Communication Plan

- Identify an out-of-area contact person
- Have meeting points for evacuation
- Teach children to call 911
- Keep emergency contact lists updated



## Tornado Safety

- Move to the basement or interior room
- Stay away from windows and glass
- Bring pets inside immediately
- Have a NOAA weather radio for alerts

## Winter Storm Preparedness

- Keep extra blankets, warm clothes, and gloves
- Maintain a half tank of gas in the winter
- Have salt, shovels, and ice scrapers ready
- Charge devices before major storms

## Power Outage

- Unplug sensitive electronics
- Avoid opening refrigerator to preserve the cold
- Have backup batteries or a generator